## **Active Listening Workshop**

"When you talk, you are only repeating what you already know.
But if you listen, you may learn something new!"

Dalai Lama

Want to know more about the strengths of active listening?

- · so that you can make others feel heard and respected.
- · to reduce misunderstandings.
- to improve your relationship with your conversation partner by: building trust, creating space for the other to open up and share their perspectives, their worries and their dreams.
- · for conflict resolution.

As a mediator, communication professional, empowerer and conservation geek, I use all my passion and authenticity and have already trained and coached more than 250 people from more than 50 countries.

## **Terms**

This workshop can last between 2.5 hours and half a day depending on your needs. An online option for the workshop is available via Zoom and on-site workshops are available as situations permit. The workshop is for up to 20 participants. Alternatively the workshop content can be taught to individuals via coaching sessions. The workshop language is English or German.

Please contact me via rosmarie.katrin@impactdialog.com to discuss the details of your needs and we will find a way to meet them.

## Dr Rosmarie Katrin Neumann

I have more than 15 years of interdisciplinary expertise, split between research and practice. Originally trained as a Landscape Ecologist, I have studied in Germany, Iceland, New

mediator in 2016.

My recent research sheds light on knowledge uptake for decision-making, stakeholder communication networks and effective factors for successful long-term networking. Working as a researcher and science communication trainer has taught me how to connect interdisciplinary research and multi-stakeholder networks across scales. I have more than 11,000 followers on Twitter and I have loved active listening since I became a trained

Zealand and the UK, and became a trained mediator in 2016.



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connect · communicate · sustain